

# North Somerset Council

## REPORT TO THE HEALTH OVERVIEW AND SCRUTINY PANEL

**DATE OF MEETING: 23 JULY 2015**

**SUBJECT OF REPORT: PUBLIC MENTAL HEALTH STRATEGY**

**TOWN OR PARISH:**

**OFFICER/MEMBER PRESENTING: NATALIE FIELD**

**KEY DECISION: FOR INFORMATION**

## RECOMMENDATIONS

Members are asked to consider the content of this report.

### 1. SUMMARY OF REPORT

1.1 The report presents to the panel the North Somerset Public Mental Health Strategy which was approved by the People and Communities' Board in July 2015

### 2. POLICY

2.1 There is no national legal or policy requirement to produce a public mental health strategy. Having such a strategy will however contribute to the council and partners response to the significant challenges it faces in the area of mental health across the district. The strategy follows on from the 2013 Director of Public Health Annual Report which highlighted that 1 in 4 people will develop a mental health problem at some point in their lives.

### 3. DETAILS

3.1 The strategy was developed by a steering group which was chaired and co-ordinated by Public Health. The steering group comprised of representatives from the North Somerset Clinical Commissioning Group, Voluntary Action North Somerset, North Somerset Healthwatch Social Care and North Somerset Council.

3.4 The strategy focuses on the promotion of well-being and the reduction of stigma and discrimination. It makes a distinction between mental health and illness.

3.5 It reviewed current work and took a gap analysis and prioritisation approach. A review of existing services was undertaken against the national 'No Health Without Mental Health' Strategy. From this an action plan was developed which identified key pieces of work across the life course.

3.6 The Action Plan includes 30 actions that aim to promote well-being and reduce stigma and discrimination, with clearly identified leads for each action. Eight actions cut across the life course, with the remaining focused on particular population groups.

3.7 Delivery against this strategy will be assessed by monitoring outcomes against a selection of indicators and leads will be required to complete a flash report every quarter that will be reported to the People and Communities Board who have oversight and governance of this strategy

## **4. CONSULTATION**

4.1 The strategy went out for consultation between the 24<sup>th</sup> November 2014 and the 31<sup>st</sup> January 2015. It was published via E consult on the North Somerset Council website and was also timetabled and presented at the following groups by members of the steering group:

- Health Overview and Scrutiny Panel
- Adult Services and Housing Policy and Scrutiny panel
- Older Peoples Transformation Prevention sub group
- Joint Commissioning Group for Children's and Adults
- Mental Health Care Forum
- Joint meeting of the Disability Forum and the Black and Minority Ethnic network

4.2 In addition feedback was received from the following either through the E-consult email or in person:

- For All Healthy Living Centre
- Adult Mental Health Worker
- Strategic Development Officer for Family Support (Commissioning)
- Five anonymous responses through E-Consult.

4.3 A wide range of comments were received including the below key issues, all of which have been addressed in this revised draft:

- A number of people felt that raising awareness of mental health needs to include training of many groups and not just councillors that was originally suggested. This has now been widened to include frontline workers in children and adult services.
- A number of comments were made about people with mental health needs falling between the gap of primary care and secondary mental health services. Action 27 was therefore added which tasks the CCG with looking at this specific issue.
- A number of comments were made that the Action Plan needed developing further with more details including whether funding was identified.

## **5. FINANCIAL IMPLICATIONS**

5.1 The strategy will be delivered within existing budgets.

## **6. RISK MANAGEMENT**

6.1 An effective public mental health strategy will assist the council and its partners to address the challenges in the area of mental health in the district and deliver its public health outcomes set out in the North Somerset Council Public Health Strategy and Implementation Plan.

## **7. EQUALITY IMPLICATIONS**

7.1 The strategy has taken in to account diversity and equality issues by consulting with key groups, see section 4.

## **8. CORPORATE IMPLICATIONS**

None

## **9. OPTIONS CONSIDERED**

None

## **AUTHOR**

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## **BACKGROUND PAPERS**

Appendix 1- North Somerset Public Mental Health Strategy